

Sporting Excellence Professional Level 3



Our Approach

To provide Teaching Assistant support, with the additional subject specialism of PE/School Sport.

Role Profile

Able to competently perform the professional sport in which they train such as cricket, football, rugby league and rugby union. As such, they are part of a playing team supported and managed by a wider and multi-disciplinary team including a manager/ coach, skills coaches, physiotherapists, psychologists, nutritionist, strength and conditioning experts, and educational staff etc. They have high level of autonomy in terms of responsibility for what happens on the field of play and need to be able to cope with extreme pressure.

Who is it For?

Players contracted to the club/ team. Can apply to existing players who haven't completed a sports apprenticeship within the professional game.

Progression

Contracted work as professional player.

Course Summary

Level 3 Advanced Apprenticeship (equivalent to 2 A Levels A-C). Programme duration – 12-18 months. Training method – Blended learning, remote and 1-2-1 learning. English and Maths – Apprentices without Level 2 English and Maths will need to achieve this prior to taking the end point assessment. Programme cost = **£8000**

6 hours per week off the job training

Off the job training is defined as learning which is undertaken outside of your normal day to day responsibilities and contributes towards the achievement of your apprenticeship standard.

Benefits to employer

Increase the number and quality of home-grown players gaining professional contracts in the clubs and playing first-team football at the highest level. Create more time for players to play and be coached. Positively influence strategic investment into the Academy System, demonstrating value for money. Seek to implement significant gains in every aspect of player development.

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Knowledge

Technical Performance - the movement and skills that underpin techniques required to play professional sport

Tactical Performance understanding strategy & approach to professional sport

Injury and risk management

Effective, Safe and Inclusive Practice

Nutritional performance

Skills

Use digital technology to refine and optimise performance

Use data and digital insight to improve performance of their skills and performance.

Engage in injury prevention and management programmes

Apply safe practice principles across all elements of training, preparation and competition

Behaviours

Be self-reflective;

Own and engage in goal setting processes;

Exhibiting inclusive behaviours recognising equality and diversity

Positively model professionalism through personal presentation and integrity in all actions;

Be collaborative in teamwork situations - especially under pressure;

Self-manage weekly commitments which include time management, organisation

