



Sports Coach Level 4



Overview

Use sports knowledge and skills to create and deliver coaching programmes.

Role Profile

In their daily work, a sports coach interacts with and influences the coaching team including assistant coaches, coaches, managers, sponsors, boards, and wider industry support networks. They do this through the design and delivery of their own coaching philosophy and professional practices in line with the organisational visions, strategies, policies, and processes. They may also influence professional and governing bodies through their own practice. Sports Coaches measure the impact of their coaching strategies through analysis of participant, coach, coaching team and organisational perception and performance data.

Who is it For?

High performance sports coaches, school sport coaches, community sport coaches.

Course Summary

The Level 4 Sports Coach standard is a 12-18 month apprenticeship where learners will be supported to improve all areas of their coaching practice, including; developing their own coaching philosophy, designing and implementing effective coaching programmes, promoting holistic wellbeing within coaching programmes. Apprentices will need to have a minimum of L2 English & Maths before completion of their apprenticeship. Level 4 apprenticeship is equivalent to Higher Education Foundation Degree.

Course content

Develop a coaching philosophy. Understand coaching methods and learning styles. Understand how wider issues impact coaching. Develop Participant profiles. Plan, deliver and review PE curriculums and extracurricular sports activities. Understand schools as organisations. Develop knowledge of education standards, trends, frameworks, and contemporary influences.

6 hours per week off the job training

Off the job training is defined as learning which is undertaken outside of your normal day to day responsibilities and contributes towards the achievement of your apprenticeship standard.

Get in touch with us:

Contact: [Sorcha Murphy](#)

Email: s.murphy@ignitesportuk.com

www.ignitetraininguk.com

